# QUADRUPLE VISUAL ANALOGUE SCALE

Patient Name _____ Date _____

**Please read carefully:**
**Instructions:** Please circle the number that best describes the question being asked. **Note:** If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your pain level right now, your average pain, and your pain at its best and worst.
**Example:**

|  | Headache |  |  |  | Neck |  |  | Low Back |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **No pain** | **0** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **Worst possible pain** |

*1 – What is your pain RIGHT NOW?*

**No pain    0    1    2    3    4    5    6    7    8    9    10    Worst possible pain**

*2 – What is your TYPICAL or AVERAGE pain?*

**No pain    0    1    2    3    4    5    6    7    8    9    10    Worst possible pain**

*3 – What is your pain level AT ITS BEST* (How close to "0" does your pain get at its best)?

**No pain    0    1    2    3    4    5    6    7    8    9    10    Worst possible pain**

*4 – What is your pain level AT ITS WORST* (How close to "10" does your pain get at its worst)?

**No pain    0    1    2    3    4    5    6    7    8    9    10    Worst possible pain**

**OTHER COMMENTS:**

_____

_____

_____

Examiner